

APPETIZERS

FRESHLY SHUCKED LOCAL RAW OYSTERS

Available as 1/2 dozen or full dozen *market*

TOMATO CAPRESE

Sliced vine ripe tomato topped with fresh mozzarella and diced fresh basil, drizzled with olive oil and balsamic glaze 14.99

SESAME SEARED AHI TUNA

Served with a deep roasted sesame seed sauce 24.99

STEAMERS

1 1/2 pounds of native Spinney Creek, ME shell-on steamed clams *market*



BACON & MAPLE CHICKEN

Maple marinated chicken wrapped with bacon drizzled with local New Hampshire maple syrup 16.99

ADD A DEMI SALAD TO ANY ENTRÉE FOR \$5.00

BURGERS

*Burgers include your choice of either:
baby baked potatoes, cole slaw, steamed vegetables,
or garlic mashed potatoes.*

ADDITIONAL SIDES \$3.00 PER ITEM

8 OZ. CRAFT BURGER

 **Certified Angus Beef®** burger patty served with lettuce, tomato and onion topped with cheddar cheese and smoked bacon served on a gluten free bun 24.99

BEYOND BURGER

Plant-based Beyond burger patty served with lettuce, tomato and sliced onion served on a gluten free bun 24.99

BLACK BEAN VEGGIE BURGER

Southwestern style black bean burger patty served with lettuce, tomato and sliced onion served on a gluten free bun 24.99

Our menu items are freshly prepared in our kitchens, which are not free of gluten. Cross-contact with other food items that contain gluten is possible. While we aim to accommodate the dietary needs of guests, we cannot ensure that these items meet the definition of "gluten-free". Please let your server know you are avoiding gluten.

GLUTEN FREE DINNER

Lighter fare & SALADS

OCEAN VIEW SALAD

Your choice of a traditional garden salad or caesar salad topped with your favorite lighter fare choice:

- 8 oz. sliced  **Certified Angus Beef®** NY Sirloin 36.99
- 10 oz. Marinated Steak Tips 29.99
- Grilled 5 oz. Sea Scallops *market*
- Sesame Seared Ahi Tuna 36.99
- Grilled Mexican Gulf Shrimp 29.99
- Seared 5 oz. Salmon 29.99
- Chilled 4 oz. Lobster Claws *market*
- Grilled 5 oz. Swordfish *market*
- Cold Lobster Salad *market*
- Grilled Chicken 26.99



PASTA

ADD A DEMI SALAD TO ANY ENTRÉE FOR \$5.00
ADD ALFREDO TO ANY ENTRÉE FOR \$3.00

CHICKEN BROCCOLI & ZITI

Chicken medallions sautéed with broccoli, garlic, lemon and butter, tossed with parmesan and romano cheese finished over gluten free penne pasta 26.99

CHICKEN MARSALA

Tender chicken medallions, mushrooms, romano cheese, garlic, and marsala wine served over gluten free penne pasta 27.99

VEGETABLE ALFREDO

Vegetable medley tossed in an alfredo cream sauce, served over gluten free penne pasta 24.99

ADD GRILLED CHICKEN FOR \$5.00



Consuming raw or undercooked meat, poultry, seafood, shellfish, or eggs may increase your risk of food born illness.

from The Grill

Entrées include your choice of either:
baby baked potatoes, cole slaw, steamed vegetables
or garlic mashed potatoes.
ADDITIONAL SIDES \$3.00 PER ITEM

NEW YORK SIRLOIN

 **Certified Angus Beef®** New York hand-cut boneless sirloin flame grilled to your liking, over a chipotle lime quinoa 8 oz. 28.99 or 12 oz. 39.99

MARINATED STEAK TIPS

12 oz. of marinated tips flame grilled
served over a chipotle lime quinoa 29.99

12 OZ RIB EYE

12 oz.  **Certified Angus Beef®** rib eye, flame grilled
to your liking served over a chipotle lime quinoa 39.99

CENTER-CUT BONELESS PORK CHOP

Dry-rubbed twin boneless center cut pork chops,
flame grilled served over a chipotle lime quinoa 28.99

Sea Ketch

SURF & TURF

Entrées include your choice of either:
baby baked potatoes, cole slaw, or garlic mashed potatoes.
ADDITIONAL SIDES \$3.00 PER ITEM

 **Certified Angus Beef®** New York 8oz hand-cut sirloin
with one of the below entrée choices:

- Seared Atlantic Salmon 39.99
- "Hard Shell" Maine Lobster Pie market
- Baked Atlantic Sea Scallops market
- Baked Atlantic Haddock 39.99
- "Hard Shell" Lobster Medallions market
- Grilled Atlantic Swordfish market

Substitute - Hand-cut steak tips as your turf choice

SEAFOOD BLACKENED AVAILABLE UPON REQUEST

Entrées include your choice of either:
baby baked potatoes, cole slaw, steamed vegetables
or garlic mashed potatoes.
ADDITIONAL SIDES \$3.00 PER ITEM

"SIGNATURE" HADDOCK & LOBSTER

Baked Atlantic haddock basted in lemon
and butter topped with gluten free panko
bread crumbs then finished with native
lobster claws market

SEA CAPTAIN'S PIE

Atlantic haddock, Mexican Gulf shrimp,
sea scallops, salmon, swordfish, lobster,
basted in lemon juice and butter, topped
with gluten free panko bread crumbs
market

BROILED SEAFOOD NANTUCKET

Atlantic haddock, medium Mexican Gulf
shrimp, salmon, swordfish and sea scallops
baked en casserole with a zesty scampi
butter sauce, topped with gluten free
panko bread crumbs 36.99

LOBSTER, SCALLOP, & SHRIMP ALFREDO

Lobster, scallop, and shrimp tossed
in an alfredo sauce, served over
gluten free penne pasta market

SHRIMP SCAMPI

Ten medium Mexican Gulf white shrimp
sautéed in lemon butter, white wine and
minced garlic, sprinkled with romano cheese
served over gluten free penne pasta 29.99

BAKED SEA SCALLOPS

Baked sea scallops topped with gluten free
panko bread crumbs, basted with lemon
and butter market

LOBSTER PIE

New England lobster medallions baked and
finished in a sherry cream sauce, topped with
gluten free panko bread crumbs market

BAKED HADDOCK MONTEREY

Atlantic haddock topped with monterey jack
cheese and gluten free panko bread crumbs,
basted with lemon and butter 29.99

SEAFOOD FRA DIAVLO

Atlantic sea scallops, shrimp, lobster, cal-
amari and mussels, garlic and white wine
tossed in a spicy marinara sauce, served
over gluten free penne pasta market

BAKED ATLANTIC HADDOCK

Our speciality, Atlantic haddock filet
basted in lemon and butter, topped with
gluten free panko bread crumbs 28.99

ATLANTIC SWORDFISH

8 oz. flame grilled Atlantic hand cut
swordfish finished with a caper
butter sauce market

LOBSTER FORMAGGIO

New England lobster medallions, baked
in an assorted four cheese sauce, tossed
with gluten free penne pasta, finished with
gluten free panko bread crumbs market

ORANGE TERIYAKI SALMON

8 oz. seared Atlantic salmon finished with
a tangy orange teriyaki glaze served over a
chipotle lime quinoa 29.99



SEAFOOD

Non Sea Ketch Pre-paid gift cards not accepted. Please inform your server of any food allergies. Thank you.

Gluten Free Menu and Children's Menu - Available upon request. 18% gratuity added to tables of 6 or more. No other is expected.